

The Animal Communication Newsletter

# What's Up With Animals?™

"Believe, Be Open, Be Willing to be Surprised!"



October  
2009



## Greetings!



When I announced my [special rate for consultations with dogs during October](#), to honor the [American Humane Society's Adopt-A-Dog Month](#), I never suspected that I'd soon be adopting a dog myself!

But that was before I met the adorable **Liam**, a hard-luck springer who was [teetering between life and death](#) when he was rescued by Deb Giordano, the Animal Control Officer for the towns of Templeton and Hubbardston. When I chanced upon his photo on [Petfinder](#), I knew I had to meet him. And once I did, I knew I had to take him home.

He's facing many health challenges, but Liam's spirit and will to live far outweigh his thin, frail body. I'll be chronicling his progress in the months to come on [my blog](#), as he undergoes treatment for his heartworm infestation and his other medical issues by holistic veterinarian [Dr. Margo Roman](#) of [MASH](#) in Hopkinton, MA.

And speaking of dogs, I'm really pleased to welcome [Nicole Wilde](#), author of [Energy Healing for Dogs: Using Hands-On Healing to Improve Canine Health and Behavior](#), as my guest for this month's ["Conversations with Animal Authors"](#) teleconference. If your dog is experiencing physical, emotional, or behavioral issues and you'd like to find out how to literally take things into your own hands, I know you won't want to miss this call! I invite you to join us on **Wednesday, October 28th at 8:00pm (EDT)** by dialing **616-347-8100** and entering **PIN #1063739**.



Ever since I adopted **Hayley** from [Bay State Equine Rescue](#) three years ago this week, I've tried to support the work they're doing, and to publicize their efforts so that [more horses can be saved](#). With the approval of President Susan Sheridan, I've launched a [BSER page on Facebook](#) where we've posted photos of horses who are currently available, and success stories of those who have found new homes. Even if you aren't thinking about adopting a horse of your own, you're invited to join the fun!

From my heart to yours,

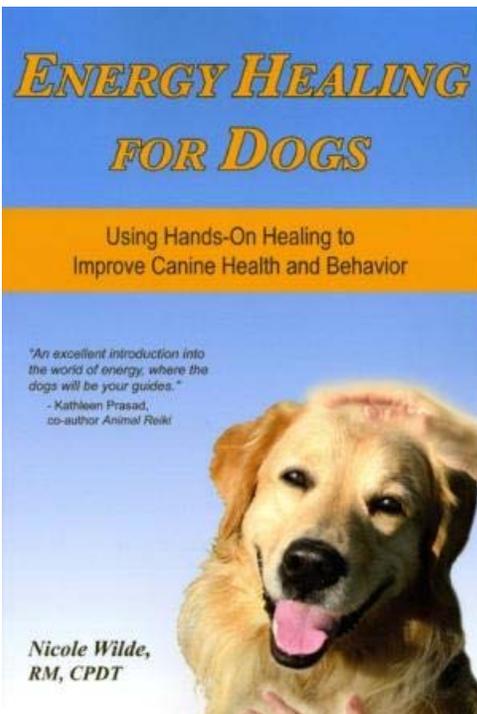
**Maureen**



## Book Review

### Energy Healing for Dogs: Using Hands-On Healing to Improve Canine Health & Behavior

by Nicole Wilde



**Nicole Wilde** wants to empower you, by helping you to discover the energy flowing through your own hands. It's not magic, but many of us may feel intimidated at the idea that we can actually send energy to another being--human or animal--falsely believing that the ability to do so is owned by a privileged few natural-born healers.

In **Energy Healing for Dogs**, Nicole deftly and clearly demonstrates that we are all blessed with the ability to sense, clear, and affect another's energy field, simply by tapping into time-tested techniques that are easily accessible to anyone who wants to learn them. And in spite of the fact that the title of her book suggests that you have to be touching a dog in order for it to work, Nicole explains that you can send energy across a room or even across a continent, to help dogs who are out of sync with their emotions, their bodies, their companions, or their surroundings:

**"When a dog experiences energetic blockages or imbalances, he may become stressed, anxious, depressed, irritable, or even fearful or aggressive. . .Although energy healing is not a substitute for training or medical care, it can serve as an excellent adjunct. When a being achieves a state of homeostasis--balance--the result is better health, a sense of well-being, and better behavior. That applies to both dogs and people. When we are balanced energetically, we feel healthy, happy, and content, and are therefore likely to interact in positive ways with those around us."**

All living beings are made up of energy, and are surrounded by an electromagnetic field--sometimes called an aura--which vibrates at a certain frequency. When we--or our animals--are sick, or frightened, or angry, our energy field can contract, or mutate, or become murky, and that's when problems can ensue. So when we adopt a shelter dog who has been displaced from the only family it ever knew, and then been caged and bombarded by the sounds and smells of other fearful, barking dogs, it's no wonder that he may display behavioral problems. Until his energy field has been cleared and calmed, he may come across as sullen or unpredictable or just downright depressed.

For anyone who has faced these situations, Nicole's book is a godsend. She shows us how we can affect our dogs' health and happiness in ways we may never have imagined possible. She coaches would-be canine healers to let go of their expectations, hold an intention of the highest good for their dogs, and then to just let energy flow. We don't have to push it or pull it or make it go. We just have to let it happen.

There are terrific chapters on clearing a dog's energy field, using a technique similar to one known as "**Magnetic Clearing**" in [Healing Touch for Animals](#), and on drawing pain and inflammation out of a dog's body by visualizing your palm as a strong magnet. And there are some very cool "Do-It-Yourself Energy Experiments" you can try if you remain skeptical.

I loved Nicole's way of presenting a potentially complex topic with ease and simplicity. If you share your life with dogs, you'll want to read *Energy Healing for Dogs* and incorporate its techniques into your personal toolkit.

## Animal Communication Tip of the Month

### THE COURAGE OF A CAT AND HIS PERSON



**Indigo** hadn't eaten for more than four days, and hadn't ingested a full meal in about a week. **Jenelle** was distraught. She'd tried everything to tempt him, but to no avail. Her beloved Applehead Balinese boy, her heart's child, was slipping away. And no one knew why.

That's when she contacted me.

Given the urgency of Indigo's situation, I tuned into him on an emergency basis, on a Saturday night. I sensed that his blood pressure was low, and that he may have been having trouble breathing. But Indigo wanted to talk less about his physical discomfort, and more about his feelings. Something

had happened, he said, to upset his equilibrium. Whatever it was, it seemed to have been going on for some time. This magnificent cat seemed to have suffered a blow to his self-esteem, and he was letting me know that he wanted to make himself appear to be smaller. I was unable to pinpoint a physical reason that would have led to his refusal to eat.

The next day, Indigo's condition deteriorated further. Based on an ultrasound and some biopsies, his vets were leaning toward a diagnosis of lymphoma. Indigo had become anemic; he would need an immediate transfusion to stabilize his condition. His vets told Jenelle that they wanted to start a round of chemotherapy right away.

Jenelle realized she was facing some difficult decisions, but she didn't want to make them without consulting Indigo. She sat with him and communicated her heartfelt messages of love and concern, but he wouldn't meet her eyes. Was he saying he wanted to undergo the prescribed treatment, or slip peacefully out of his body? Jenelle wasn't sure. She asked me to talk with him again.

When I connected with Indigo on Monday, he clearly indicated that he wasn't ready to say good-bye. He explained that he found it difficult to look into Jenelle's eyes because he saw so much sadness there. It made *him* sad to see her like that. But most of all, he seemed to be agonized at his enforced separation from Jenelle and her partner, Eric. He wanted them to hold him, and to talk to him, and he wanted to come home to be with them again, even if to do so would compromise his chances of survival. Indigo felt that he would further shut down if he had to remain in the hospital, even though his veterinarians were firm in their insistence that he

wouldn't live without continued treatment.

Jenelle had a gut-wrenching choice to make. By Monday night, Indigo had not improved, and Jenelle was preparing to let him go. But she took her beautiful cat's words to heart. She decided that Indigo needed to come home, where he could feel safe and secure and loved, even if it would only be for a few more hours.

But then, something unexpected happened. Indigo rebounded. He started eating again, and over the last few weeks, he seems to have completely recovered. He has regained his joie de vivre. His vets are amazed, and cannot explain it.

But I think I can.

Jenelle had the courage to listen to her cat, and to deeply respect his wishes, believing him when he said that he wasn't willing to live if it meant staying in the hospital. When she brought him home, she couldn't have known how he would respond, and had reconciled herself to the idea that it might be necessary to release him from his body. But as it turned out, when she honored Indigo's wishes, Jenelle truly liberated him from whatever it was that was making him sick, in his body and in his soul. And whatever comes next, they will face it together.

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*\*The cases discussed here are real, but to protect their privacy, I may have changed the names of my clients and their animals.*

## A Word of Thanks

### From an Appreciative Client



Neo's "Mom," **Katie**, recently contacted me to request a session with her beautiful thoroughbred gelding, who has experienced several health challenges since she adopted him, about a year ago.

Katie admitted that she couldn't help being a

bit skeptical about whether I'd really be able to reach Neo telepathically, and get information about what was bothering him.

While I was connected with Neo, I picked up several areas in his body that felt like they might have been affected by previous injuries or ailments. In particular, I detected a sensation on the bottom left side of Neo's mouth, and told Katie that he might have a molar there that needed attention.

After my session with Neo, Katie wrote:

**"I am completely and utterly impressed with your reading. How you were able to pick up on his molar issue is simply astounding.**

### QUICK LINKS

[Animal Translations](#)

[Animal Translations Blog](#)

[Animal Communication Book Club](#)

[Animal Communications Forum](#)

[Animal Empathy Imprints](#)

[Fast New England](#)

The pictures I sent you were taken before his mouth problem, so now I am positive you are 100% legit.

I am so glad you were able to give me the insight on Neo and what he is trying to convey to us."

*Katie Crawford*  
Massachusetts

## The Animal Communication Book Club

Join me for the next "Conversations With Animal Authors"

Teleconference with Nicole Wilde, Author of *Energy Healing for Dogs*

Wednesday, October 28th, 2009 at 8:00pm (EDT)



I'm so pleased to have **Nicole Wilde** as my guest for the next "Conversations with Animal Authors" teleconference.

Nicole will discuss her recently released book, [\*Energy Healing for Dogs: Using Hands-On Healing to Improve Canine Health and Behavior.\*](#)

Nicole demystifies the proces of energy healing and makes it accessible to everyone. Even if you've never channeled energy before, and aren't really sure you can do it, you'll want to hear what she has to say.

Please join us by dialing **616-347-8100** and entering **PIN #1063739** at **8:00pm** tonight. If you are not able to participate live, I'll be posting an archived version of the call on [The Animal Communication Book Club](#) within a few days after the event.

### UPCOMING EVENTS

**Fall Assistance Dog  
Graduation for NEADS**

**Fitchburg, MA  
November 1st, 2009**

**Equine Affaire  
W. Springfield MA  
Nov 12th-15th, 2009**

**Fur-Free Friday  
November 27th, 2009**

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to this newsletter](#)

## What's Up With Your Animals?



There are so many ways to communicate with animals, as these stories attest. Animals are natural telepathic communicators, and it's because they're so good at it that I can "hear" them.

If you think that you and your animal would benefit from a [telepathic consultation](#), please [drop me a note](#) or give me a call.

**Until Next Time!**  
**Maureen Harmonay**



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