



How Can Energy Healing Benefit Dogs?

The practice of energy healing, when done properly, is painless, gentle, and non-invasive. It will not cause harm, has no side effects, and can be used in conjunction with other holistic therapies or conventional medical treatments. Energy healing can jump-start the body's natural ability to heal itself, and can assist dogs in resolving a myriad of physical issues as well as mental, emotional, and spiritual ones. Following are just some of the many benefits.

Physical Issues

While energy healing is beneficial in balancing and energizing the entire system, it can also benefit the physical body in specific ways:

- ⦿ Support and strengthen the immune system
- ⦿ Assist in ridding the body of toxins, whether accumulated or acute
- ⦿ Help the body to process out anesthetic after surgery
- ⦿ Speed the post-surgical healing process
- ⦿ Accelerate the healing of wounds
- ⦿ Ease the pain of chronic conditions such as arthritis or hip dysplasia
- ⦿ Slow the progress of degenerative nerve conditions
- ⦿ Support recovery from epileptic seizures
- ⦿ Promote healthy functioning in the organs and aid with problems such as poor liver function or kidney disease
- ⦿ Relieve headaches
- ⦿ Soothe structurally-related conditions such as back pain or aching joints

- ⊙ Shrink tumors, or slow or prevent their growth
- ⊙ Help dams to recover physically after giving birth
- ⊙ Ease the chronic aches and pains of elderly dogs
- ⊙ As an emergency first-aid measure while awaiting veterinary care

Mental Issues

Energy healing helps dogs to let go of negative thought processes and positively influences their attitude, which leads to an overall release of stress and a calmer state of mind. It can:

- ⊙ Assist with obsessive-compulsive disorders
- ⊙ Help nervous, anxious, or fearful dogs to relax and be able to focus
- ⊙ Help traumatized dogs to release troubling memories
- ⊙ Reduce the mental stress of dogs in shelters
- ⊙ Relieve the tension of boredom and lack of mental stimulation
- ⊙ Allow for increased attention and concentration during training

Emotional Issues

Many canine behavioral problems have their roots in emotional issues. Energy healing can help to alleviate the underlying issue, thereby modifying the behavior. Of course, it can also help dogs who simply need healing on an emotional level. Use it to:

- ⊙ Help abused or neglected dogs learn to trust
- ⊙ Ease tensions between dogs in the home
- ⊙ Help dogs who have experienced a trauma (such as being attacked by another dog or being hit by a car) to let go of the resulting emotional difficulties
- ⊙ Soothe dogs in any highly stressful condition, whether acute (such as waiting in the veterinarian's office) or chronic (for example, living near a noisy freeway)
- ⊙ Relieve the distress of a new mother or her pups at being separated
- ⊙ Help dogs to release feelings of insecurity or jealousy
- ⊙ Ease the transition into a new home
- ⊙ Help dogs with fear issues (both mental and emotional aspects)

- ⊙ Calm dogs for veterinary care or grooming
- ⊙ Help insecure dogs to gain self-confidence
- ⊙ Forge bonds of love and trust between dogs and people
- ⊙ Help aggressive dogs to become calmer and let go of anger
- ⊙ Ease the emotional stress that accompanies a gradual physical decline such as the loss of eyesight or hearing
- ⊙ Help dogs who have separation anxiety
- ⊙ Offer respite to dogs who live in chaotic or discordant home environments (for example, ones where there are frequent arguments or violence)

Spiritual Issues

Dogs are not often regarded as spiritual beings, but they are every bit as connected to the universal life force as are humans, and are just as much a part of the cycle of birth, life, and death. Energy healing can help with related issues:

- ⊙ Help a dam through the gestation period and the process of giving birth
- ⊙ Support a dog who is grieving the loss of a human or canine family member
- ⊙ Hearten a dog who has lost the will to live
- ⊙ Assist very ill dogs in crossing over peacefully
- ⊙ Support the process of euthanasia

Some issues, such as hyperactivity, lethargy, and depression do not fit narrowly into any of these categories, as they may be due to a variety of factors. If there is any question about whether an issue might be medically related (for example, lethargy and depression often go hand in hand with illness), a veterinary exam is in order.

In general, energy healing will help any dog to relax, and to maintain good health and inner balance. But beware—once you begin to do healing sessions with your dog, you may find that he demands them on a regular basis!

One day during my beloved dog Mojo's fourteenth year, he began to vomit white foam. My husband and I had no idea of the cause, but it was so frightening that we rushed him to the emergency clinic. We were placed in a treatment room and asked to fill out paperwork. There was only one vet on duty and the clinic was crowded, as it was a holiday weekend.

Mojo lay on the floor and I sat next to him. The wait seemed interminable. I felt helpless, not knowing what was wrong or how serious the condition might be. So I began to send healing energy. After fifteen minutes, I went to the reception area and demanded that someone, whether the veterinarian or a vet tech, examine my dog and assess whether his condition was critical. They soon discovered that Mojo had bloated. Despite the vet's warning that, given his age, Mojo's chances of surviving the necessary surgery were not good, we immediately gave permission to proceed. (Truthfully, my actual response was, "Why are we wasting time standing here talking? Go save my dog!")

Mojo certainly lived up to his nickname "The Mighty Mojo Man"—he survived. We were allowed to visit during the recovery period, which can be a crucial time for bloat patients. (Many die of heart arrhythmias within the first few days after surgery.) At first Mojo was very weak and would not eat a thing, despite the vet letting me bring in all manner of tasty yet safe goodies to tempt him. But once again, I did know something that would help—I sat on the floor with Mojo and offered healing energy. We were able to have healing sessions in the private room the clinic set up for us every day until Mojo came home. I continued to work at home with him the following week. Not only did Mojo make it through the surgery, but he made a spectacular recovery. I truly believe that the energy healing contributed not only to his survival until he could be seen by the veterinarian, but to his making it through the surgery and the subsequent recovery period.

Note: Bloat is the second leading killer of dogs. The stomach fills with air, fluid, or foam, sometimes accompanied by gastric torsion—a twisting of the stomach. Blood flow becomes obstructed, which can quickly lead to low blood pressure, shock, and damage to the internal organs. At that point the dog will be in extreme pain and will die if not treated promptly. Vomiting foam is not a classic sign of bloat—dry heaving is more typical. Familiarize yourself with the warning signs; if your dog shows any potential indication, err on the side of caution and see a veterinarian immediately.